



Whole-School Curriculum Map:

Physical Education

EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Communication						
	Discuss own performances Discuss how to improve in different physical activities	Evaluate own and others' performances Identify how to improve in different physical activities	Communicate and compete with each other Begin to show an understanding of how to improve own and others' performances	Communicate and compete with each other Understand how to improve own and others' performances	Communicate, collaborate and compete with each other in order to inspire self and others to succeed and excel Evaluate and recognise own and others' success and identify strategies for improvement	Communicate, collaborate and compete with each other in order to inspire self and others to succeed and excel Evaluate and recognise own and others' success and identify strategies for improvement
Participation						
	Participate in team games Begin to develop simple tactics for attacking and defending	Participate in team games following simple rules Develop simple tactics for attacking and defending	Participate in team games understanding the rules Develop a wider range of tactics for attacking and defending Participate in outdoor and adventurous activities	Play competitive games and demonstrate their sense of sportsmanship eg fairness and respect Understand basic principles suitable for attacking and defending Participate in outdoor and adventurous activities	Play competitive games showing good communication and collaboration to demonstrate their sense of sportsmanship Apply principles suitable for attacking and defending Participate in outdoor and adventurous activities	Play competitive games showing good communication and collaboration to demonstrate their sense of sportsmanship Apply range of principles suitable for attacking and defending Participate in outdoor and adventurous activities
Competence						
ELG Physical Development: Moving and Handling Show good control and coordination in large and small movements Move confidently in a range of ways, safely negotiating space	Practise basic movements including running, jumping, throwing and catching Develop balance and agility	Master basic movements including running, jumping, throwing and catching Develop and apply balance, agility and co-ordination	Begin to use running, jumping, throwing and catching in isolation and in combination Further develop flexibility, strength, control and balance	Use running, jumping, throwing and catching in isolation and in combination Further develop flexibility, strength, technique, control and balance	Use a broad range of skills in isolation and in combination to become physically confident Develop mastery of flexibility, strength, technique, control and balance	Use a broad range of skills in isolation and in combination to become physically confident Master flexibility, strength, technique, control and balance
Performance						
ELG Expressive Arts & Design: Exploring and Using Media and Materials Sing songs, make music and dance and experiment with ways of changing them ELG Expressive Arts & Design: Being Imaginative Represent their own ideas, thoughts and feelings through D&T, art, music, dance, role-play and stories	Perform simple dances	Perform dances using simple movement patterns	Perform dances and gymnastic routines on own and with others using movement patterns Compare performances with previous ones Begin to demonstrate improvement to achieve personal best	Perform dances and gymnastic routines on own and with others using movement patterns Compare performances with previous ones Demonstrate improvement to achieve personal best	Perform dances and gymnastic routines on own and with others using a range of movement patterns Evaluate and compare performances with previous ones Demonstrate improvement to achieve personal best	Perform dances and gymnastic routines on own and with others using a range of movement patterns Evaluate and compare performances with previous ones Demonstrate improvement to achieve personal best